

PACIFIC RIM COLLEGE OF PSYCHIATRISTS

NEWSLETTER

JUNE 2005

PHILIP MORRIS, EDITOR

HELEN CHIU, PRESIDENT

PRESIDENT'S REPORT



Prof Helen Chiu

I am very pleased to inform Fellows and Members that in the last few months, we have over 30 psychiatrists applying to become Fellows or Members of our College. I would like to extend a very warm welcome to the New Fellows and Members whose names appear in this issue of Newsletter. A number of applications are still under process. It is very encouraging to see that we are getting more new Fellows and Members. Prof Allan Tasman, our President-Elect, will chair the subcommittee for Membership Expansion. I am sure that, under his able leadership, we will continue to see a growing membership.

In addition, we have received a donation from a Fellow who would like to remain anonymous. The donation is for the purpose of sponsoring the membership of Chinese psychiatrists. The Board of Directors has now decided to invite 20 senior Chinese psychiatrists to join our College

and their membership fees would be covered by this donation for 1 year.

The second Consensus Meeting of the QoLDEM (Improving the Quality of life of Asian people with dementia) was held on 29 to 30 April in Hong Kong. This is a 3 year Consensus program endorsed by PRCP, the World Psychiatric Association Section on Old Age Psychiatry and the International Psychogeriatrics Association. This meeting was chaired by Professor Edmond Chiu and there were around 20 delegates from different countries and cities of Asia, including China, Hong Kong, Indonesia, Singapore, Malaysia, Thailand, Japan, S Korea, Philippines and Taiwan. A consensus document arising from this meeting will be prepared. The Consensus Statement of the first meeting held in April 2004 is now available on the website of International Psychogeriatrics at www.ipa-online.org

On behalf of our College, I attended the International symposium on Mental Health Care for Tsunami victims in Kobe on 27 February 2005. This meeting was organized by the Kobe University Graduate School of Medicine Research Center for Urban Safety and Security, in collaboration with a number of societies, including PRCP, WHO Center for Health Development in Kobe, JICA Hyogo International Center,

Hyogo Institute for Traumatic Stress, Japan Society of Psychiatry and Neurology, Japan Society of Social Psychiatry, Japanese Society of Transcultural psychiatry, Japanese Society for Traumatic Stress Studies and World Association of Social Psychiatry. Under the excellent chairmanship of Prof. N Shinfuku, this meeting was a great success.

There were a number of presentations by representatives of different organizations on the ongoing activities related to the mental health aspects in the tsunami affected countries. There were also reports by representatives from India, Malaysia, Indonesia and Thailand on the situation and relief activities in those countries. Delegates of the meeting are now exploring the possibility of establishing a network for the long term goal of improving the mental health infrastructure in our region to prepare for future natural disasters.

Finally, I would like to ask our Fellows and Members to kindly note the time of the next PRCP Conference in Taipei on October 6 to 8 in 2006. Please mark in your diary this important event, when we can meet again, learn about the scientific advances as well as share and exchange views. We look forward to your support of the meeting.

EDITOR'S REPORT



Dr Philip Morris

Dear Colleagues, the June edition of our newsletter brings news of a number of important activities of the College.

It is hard to believe that five months have passed since the tsunami affected the countries around the Indian Ocean. The aftermath of this disaster is marked by the sad silence of the more than 200,000 people who lost their lives in Indonesia, Thailand, Sri Lanka, India and other countries, and the cries of anguish of survivors left to mourn their losses and come to terms with the horror they experienced. The period following the tsunami has also been characterized by a wave of help to affected communities from local, national and international organizations. We hope that the recovery effort will not only provide assistance to get

individuals and communities back to where they were before 26 December 2004, but will aid communities to further advance their infrastructure and social support networks, and will support individuals to grow stronger through recovery.

The PRCP has contributed to the recovery effort in a number of ways. Our President, Prof Helen Chiu, is serving on the WPA tsunami assistance task force, and she also represented the College at a meeting in Kobe in February to review disaster mental health relief plans. The PRCP web site now contains literature and information helpful to providing assistance to mental health disaster recovery efforts, members of the College were identified who could provide advice and collegial support to psychiatrists and mental health clinicians working in the affected areas, and the PRCP is contributing to disaster mental health training programs for the tsunami response effort. More details of these contributions are outlined in the President's report.

This newsletter also contains the officeholders' reports and two short articles on items of interest – one on the establishment of the Indo Australasian Psychiatrist Association (IAPA), and the other on Development of a Global

Assessment Instrument for Mental Health Systems for Emergencies – a topical subject following the tsunami disaster. The newsletter has a memorial piece on the life of Prof Milton Miller, a prominent College fellow who sadly passed away recently. One of our new Board members, Prof Fumitka Noda, is profiled in the newsletter. The College has had a recruitment surge recently and new members and fellows are listed in the newsletter. Congratulations to all who have joined the College and thanks to those who have encouraged these psychiatrists to join!

A short article on the career plans of our previous administrative assistant, Alis Gordon, is included. I wish her all the best for the future and thank her for all the good work she put into publishing previous newsletters. Fiona Kelly has taken over this role and is doing a fine job! A notice board for promoting meetings, conferences and other activities of interest to PRCP members is now a regular feature of the newsletter. College members and fellows are encouraged to use it.

I hope you find this edition of the newsletter informative.

Dr Philip Morris

FINANCIAL SUMMARY

Expenditure & Income Statement

National Australia Bank Account, AUD.	
Balance as of 19/11/04	\$42,613.40
Income from subscriptions between 19/11/04 and 20/04/05	\$9,181.87
Donation	\$764.23

Expenditure	
Postage	443.00
Website	88.00
Printing	2421.47
Bank charges	419.99
Scientific Meeting Expenses	1000.00
Total	\$4372.46

Total as of 21/04/2005 AUD\$48,187.04

SECRETARY-GENERAL'S REPORT

Associate Professor Eng-Seong Tan

As indicated in the Report of the President in this issue of the PRCP Newsletter, there has been an upsurge in the recruitment of Members and Fellows. These new Members and Fellows are mostly from People's Republic of China; Hong Kong; China; Korea; Malaysia and Australia. This brings the membership numbers of the PRCP to 136 Fellows and 22 Members. The PRCP has a two tier membership, with Members who are accredited psychiatrists in their own country, and Fellows who are psychiatrists who have distinguished themselves in their field of pursuit.

The tsunami in the Indian Ocean on 26 December 2004 caused untold suffering among the population in the regions affected. Various international care-giving organizations including the WHO have visited the affected regions and have rendered aid in various forms. Various Fellows of the PRCP have visited these places on their own initiative, e.g. Professor Bruce Singh, Immediate-Past President visited Sri Lanka, and Associate Professor Harry Minas visited Aceh as part of a WHO delegation. President Professor Helen Chiu is a member of the WPA Tsunami Assistance Task Force which coordinates effort

from various quarters helping in the recovery process.

The organization of the next PRCP Congress to be held 6 – 8 October 2006 in Taipei, Taiwan, is proceeding ahead under the leadership of Professor Ming Been Lee,

We were saddened by the sad news of the demise of Professor Milton Miller, a Foundation Fellow of the PRCP, a good friend of many of us in the PRCP and a luminary in the field of international psychiatry. Milt Miller was due to speak at the last PRCP seminar in San Francisco in 2003 but had to cancel because of his last illness.

PROF MILTON MILLER



Photo: Los Angeles Times

We were saddened to hear of the death of Prof Milton Miller on Wednesday April 20th 2005. Professor Miller was a valued Fellow of the PRCP, and will be sadly missed.

Born in Indianapolis, USA in 1927, he attended Indiana University, Indianapolis and completed his residency at the Menninger School of Psychiatry, Topeka. Prof Miller completed Chinese Studies at the University of Wisconsin, Madison in the late 1960's.

Prof Miller's professional accomplishments include being Director of Critical Care, Department of Mental Health, County of Los Angeles, California,

Director of W.H.O. Research and Training Centre, University of Colombia Mental Health Vancouver, B.C. Canada and Director of the State of Wisconsin Psychiatric Research and Training Institute Madison, Wisconsin. Prof Miller also spent two years as a captain with the U.S. Air Force.

His wide range of professional activities included spending time in the National University Hospital in Taipei, Taiwan, and a year doing anthropological research in long houses in Sarawak, East Malaysia. He has also taught in the various medical schools in the South East Asia region including the Faculty of Medicine University of Malaya, Kuala Lumpur where he was a frequent visitor. His department at the University of British Columbia, Vancouver had a sister relationship with the Department of Psychological Medicine, University of Malaya, Kuala Lumpur in the 1970's.

Special recognition awards granted to Professor Miller include Physician of the Year, Los Angeles

Urban Behavioural League 1979, Asian/Asian-American award, American Psychiatric Association 1994, and Honorary Professor of Hunan Medical University, Changsha, Hunan People's Republic of China and many more.

Professor Miller was to attend the 11th PRCP Congress in Hong Kong and present a paper but unfortunately he learnt of his cancer diagnosis at around this time.

Professor Miller was surrounded by his wife and children during his last days. We extend our sympathies to Prof Miller's family.

A memorial fund has been set up at the Los Angeles Biomedical Research Institute at Harbor-UCLA Medical Center (LABiomed). Donations can be made out to LABiomed and sent to the Department of Psychiatry, Harbor-UCLA Medical Center, Box 8, 1000 W. Carson Street, Torrance, CA 90509

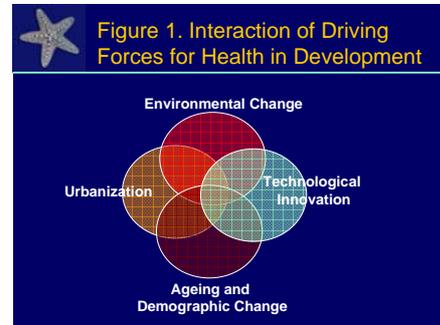
SEEKING KNOWLEDGE OF SOCIAL DETERMINANTS AND MENTAL HEALTH IN RAPIDLY AGEING URBAN SETTINGS

Dr John G. Cai

Coordinator Ageing and Health Programme (AHP), WHO Centre for Health Development.

Following a decision by the Executive Board of the World Health Organization in 1995, the WHO Centre for Health Development (WHO Kobe Centre, WKC) was established in 1996 as an integral part of the Secretariat of the World Health Organization to conduct research into the health consequences of social, economic, environmental and technological change and the implications for health policies. This research enhances WHO's capacity to address priority health issues that require coordinated multidisciplinary and intersectional action.

The Centre is approaching its second decade of work with a more focused view to the acquisition of knowledge and its application to the improvement of health in development. Through a global consultation process in 2004, a research framework was proposed for the next ten years themed “Health in Development — Healthier people in healthier environments”, building on the notion of interaction among four defined driving forces: population ageing (demographic transition), urbanization, technological innovation and environmental change (Figure 1). Throughout this process, mental health was recognised as a crosscutting question demanding a great deal of attention.



During the XVIIIth World Congress of Social Psychiatry held in Kobe, Japan in October 2004, 14 experts assisted WKC in the development of specific recommendations for research on mental health within the proposed Research Framework.

With participants from the WHO’s Department of Mental Health and Substance Dependence (MSD), a list of mental health research topics and questions was discussed based on the proposed matrix framework of three domains (mental health conditions, mental health services and impacts of mental health on other health and social services), and four identified driving forces (Figure 2).

Figure 2. Proposed framework on mental health

Driving Forces \ Domains	Population ageing	Urbanization	Technological innovation	Environmental change	WHO Global Programme of Work on Mental Health
Mental health conditions					
Mental health services					
Impacts of mental health on other health and social services					

In response to the recent tsunami disaster and its consequences, WKC and MSD have jointly embarked a new project entitled “Development of a Global Assessment Instrument for Mental Health Systems for Emergencies”. From recent natural and human disasters, it is clear that those affected suffer not only devastating physical loss but also short and long-term mental and psychological impacts. However, there is no adequate global assessment instrument available to assess the

preparedness and responsiveness of national mental health systems in addressing these needs.

Located in Kobe, epicentre of a devastating earthquake in 1995, WKC has been highly sensitive to mental health and psychosocial issues surrounding emergencies, focusing on vulnerable populations in urban settings. The recent Asian tsunami disaster has reinforced the need to provide new knowledge in this vital area.

For more information, please visit the WKC website at <http://www.who.or.jp> or email WKC at ahp@who.or.jp

TSUNAMI RELIEF EFFORT

Prof Bruce Singh Past President PRCP

In my role as President of a newly established Indo Australasian Psychiatrist Association (IAPA), an organization of Australasian psychiatrists who have connections with the Indian subcontinent. I have established an IAPA tsunami task force.

Members of the committee went to Tsunami affected areas of Sri Lanka, India, Indonesia and Malaysia. Dr Russell D'Souza and I recently visited severely affected areas in the South and East of Sri Lanka and India. While in the South of Sri Lanka meetings were conducted with the Dean of the Faculty of Medicine, the Professor of Paediatrics and a psychiatrist all from the University of Ruhana. Issues relating to the disaster, general resources, immediate clinical help, mental health training for doctors and allied health professionals, case finding and a reduction in treatment gap were discussed. The possibility of a collaboration with the University of Melbourne was considered. Both Dr D'Souza and I met with Dr Ganesan, the only psychiatrist in an area populating 1.3 million people. Several issues and plans were discussed with Dr Ganesan who has drafted a 5 year plan for the WHO.

A meeting was also conducted with Prof Mendis, Prof of Psychiatry at Colombo University, Sri Lanka.



Dr Ganesan, Dr D'Souza & Prof Singh

Immediately we were able to dispatch two individuals. Associate Professor Suresh Sundram of the Northern Hospital, Melbourne joined a team including Australian physicians and surgeons focused on assisting the eastern area. Dr Carlyle Perera joined a team of physicians and a cardiologist providing assistance in the south of Sri Lanka. Both teams spent over a week working with and training local professionals.

Professor Beverly Raphael supported the effort by supplying training material and manuals on disaster and mental health based on her wide experience. Associate Professor Suresh Sundram as well as undertaking a whistle stop tour of the east also visited the north of Sri Lanka to assess the situation and implement IAPA assistance. Dr Mahendra Perera visited the South and did a magnificent job in assessing the

mental health requirements there.

Associate Professor Sundram, Dr D'Souza, Dr Perera and I are currently working on a project that will help build capacity in the regions.

We have reflected on the concerns about the appropriateness of western mental health concepts, experience and interventions and the suitability of the application of these interventions in settings like Sri Lanka. Other concerns are belief, religion and spirituality in coping with such an immense set back. A paper by Dr Russell D'Souza and I titled Tsunami Trauma – Challenges in Sri Lanka – The IAPA Perspective has been published in World Psychiatry.

Prof Deva is the region 16 zonal representative, 7 countries from this region have been severely affected by the Tsunami. Prof Deva has played an energetic role in bringing attention to the mental health requirements of the affected populations.



WELCOME TO NEW PRCP BOARD MEMBERS



FUMITKA NODA .M.D.

Fumitka Noda aged 57, is a Japanese psychiatrist and currently a Professor of Psychiatry at Taisho University in Tokyo, Japan. He is a President of Japanese Society of Transcultural Psychiatry and a Secretary of World Psychiatric Association Transcultural Psychiatry Section. He has also an expertise in Psychiatric Rehabilitation and has written several books in this field. He is an Adjunct Professor at the Department of Psychiatry, University of British Columbia in Canada and has been making an outreach to Vancouver several times a year. He currently lives in Tokyo with his wife, Masako, who is a pediatrician.



SHIMPEI INOUE M.D. Ph.D

Shimpei INOUE was born in Osaka Japan and completed his education at Gunma University and Tokyo University, Faculties of Medicine. Shimpei is currently a Professor with the Department of Neuropsychiatry, Kochi Medical School and a Director of the Japanese Association of Psychiatry and Neurology, the Japanese Association of Social Psychiatry and the Kochi Mental Health Association.



XIAO ZEPING M.D. PH.D

Xiao Zeping resides in Shanghai, China. She has studied at Shuzhou Medical College and Shanghai Second Medical University in China and at the Sigmund Freud Institute, Frankfurt Germany. Xiao Zeping is currently the director of the Shanghai Mental Health Centre and Shanghai Psychotherapy & Counseling Centre. She is a committee member for the Chinese Mental Health Association and head of the East China Group, Psychoanalysis Branch of the Chinese Mental Health Association. Xiao Zeping has a number of major publications.



EE HEOK KUA

EE Heok Kua was born in Malaysia and currently resides in Singapore. EE Heok Kua was educated at the University of Malaya, Kuala Lumpur and completed his postgraduate in Psychiatry at Oxford University in the UK. EE Heok Kua has also completed specialist training in Geriatric Psychiatry at Harvard University, USA. EE Heok Kua has been awarded the Sandoz Research Award for Gerontology, 1990, in Switzerland and the First Prize, Asian Psychiatry Research Competition in 1994, 1998 and 2000. EE Heok Kua has a number of major publications.

WELCOME TO NEW PRCP MEMBERS & FELLOWS

Liwei Wang	China	Siu Luen Ernest Luk	Hong Kong
Paul Mullen	Australia	Tai P Yoo	USA
Joshua Tsoh	Hong Kong	Sau Man Sandra Chan	Hong Kong
Francis Low Chee Chan	Malaysia	Patrick McGorry	Australia
Wai Chi Chan	Hong Kong	Pichet Udomratn	Thailand
Tsuyoshi Akiyama	Japan	He Yanling	China
Lui Wing Cheong	Hong Kong	Yong Sik Kim	Korea
Masaru Tateno	Japan	Se Fong Hung	Hong Kong
Fung Shing Ng	Hong Kong		

UPCOMING EVENTS



The 6th International Mental Health Conference, Gold Coast Queensland, Australia will be held from **2-4 Sept, 2005** at Conrad Jupiters Conference Centre, Broadbeach, Gold Coast. The theme for this years conference is "What's new in mood disorders". Local Australasian and overseas experts will be keynote speakers. The University of New South Wales BlackDog Institute and the Gold Coast Institute of Mental Health are a major contributors to the meeting. For further information check the conference web site at www.gcimh.com.au

XIII WORLD CONGRESS OF PSYCHIATRY

September 10-15 2005

*5000 years of Science and Care Building the Future of Psychiatry*Cairo International Convention & Exhibition Center
Egypt

More Information at:

http://www.wpa-cairo2005.com/xiii_pres.html**THE FIRST WORLD CONGRESS OF CULTURAL PSYCHIATRY (WCCP)**September 23-26 2006
Beijing, China

More information at:

<http://www.wacp2006congress.org/>

Wen-Shing Tseng M.D.

Department of Psychiatry, University of Hawaii,
School of Medicine, 1356 Lusitana Street, Honolulu,
HI 96813-2421 USAEmail - tsengw@dop.hawaii.edu**2006 PRCP SCIENTIFIC MEETING****12th PRCP
Scientific Meeting
6-8 October 2006
Taipei, Taiwan**

On behalf of the Taiwan colleagues of the psychiatric society I would like express our great appreciation for giving us the opportunity to hold the PRCP meeting at Taipei. Under the auspice and kind support of president Chiu, the local organizing committee and scientific committee have been set up. According to the regulation for the meeting provided by Professor Chiu, the preparation-working group has made a draft for the above-mentioned committee. The next PRCP meeting will take place from October 6 to 8, 2006. The local professional societies in relation to

psychiatry were invited to cosponsor the meeting. They include Taiwanese Society of Psychiatry, Taiwan Association Against Depression, Taiwanese Society of Biological Psychiatry and Neuropsychopharmacology, Taiwan Society for Child Psychiatry, and Taiwan Center for the Development of Psychoanalysis, Taiwan Association for Group Therapy, and Taiwan Association of Geriatric Psychiatry etc. It is still open to welcome the related international professional society led by the members of the PRCP to cosponsor the meeting.

The first announcement of the details about the scientific and social programs will be sent to all the PRCP

members and other allied colleagues by the end of the end of June after approval of the President and Board members of the PRCP. All the scientific papers in broad psychiatric fields are welcome for the meeting although there will be a main theme provisionally proposed as "From Suicide Prevention to Mental Health Promotion". The progress report about the congress will be sent to our members regularly monthly. I personally and cordially invite you to make the time to attend and look forward to welcoming you as one of our honored guests at the next PRCP meeting at Taipei, Taiwan.

FAREWELL TO ALIS GORDON

Alis Gordon became the Administrative Assistant of the PRCP in the year 2000 when it was decided to move the Secretariat from Los Angeles, California, to Melbourne, Australia. Alis oversaw the transition very effectively. She set up the Secretariat in Melbourne located at the Department of Psychiatry, University of Melbourne. In the process she established the various administrative routines and procedures which have worked efficiently since.

Her charming personality and easy style of working made the Secretariat a happy place where matters are attended to with dispatch and where delays only occur because of some serious and unavoidable circumstance. Alis was away from the Secretariat for a few months in the year 2002/2003 to attend to her studies, but now she leaves us to complete her studies to pursue a career in teaching and writing. We are much indebted to her contribution to the PRCP. We will miss her but wish her every success in her future.



From left: Rita Costas, Prof Helen Chiu (president) & Alis Gordon



PRCP BOARD OF DIRECTORS NOMINATION FORM

Please complete and return to the PRCP Secretariat by fax: +61 3 9347 3457 or post: PRCP,
Level 1 North Main Block, Royal Melbourne Hospital, Victoria, Australia 3050

I.....(Name in block letters) being a Member/ Fellow
of the PRCP nominatewho is a Fellow of
the PRCP for election to the Board of Directors.

Signature Date

Seconded by Member/ Fellow of PRCP.

Signature Date



PLACE
PHOTO
HERE

**APPLICATION FORM FOR
MEMBERSHIP OF THE
PACIFIC RIM COLLEGE OF PSYCHIATRISTS**

Please return to:

University of Melbourne Department of Psychiatry, 1 North Main Block
Royal Melbourne Hospital, Victoria, Australia 3050. Fax: (+61 03) 9347 3457

DATE: _____ NAME: _____

DATE OF BIRTH: _____ COUNTRY: _____ SEX: _____

MEDICAL QUALIFICATION: _____ YEAR OF GRADUATION: _____

POST GRADUATE QUALIFICATION: _____

CURRENT INTERESTS:

CLINICAL: _____

TEACHING: _____

TRANS-CULTURAL: _____

CURRENT POSITION: _____

MAILING ADDRESS: _____

HOME PHONE: _____ OFFICE PHONE: _____

FAX: _____ E-MAIL: _____

PLEASE ATTACH COPY OF YOUR CURRICULUM VITAE (abbreviated version acceptable) AND ONE
PASSPORT PHOTOGRAPH. We will also need two letters of recommendation from Members of the College

SIGNATURE X _____

Initiation Fee: AUD\$300.00 (waived in 2005), Annual Subscription: (Member) AUD\$100.00, (Fellow) AUD\$150.00