

NEWSLETTER

DECEMBER 2006

PHILIP MORRIS, EDITOR

ALLAN TASMAN, PRESIDENT

PRESIDENTS REPORT



I am honored to greet you as I assume the Presidency of the Pacific Rim College of Psychiatrists. I know many of you joined us in Taipei, where we not only enjoyed the hospitality of Professor Ming Been Lee and our colleagues from the Taiwan Psychiatric Society, but also enjoyed an outstanding scientific program and the wonderful city. This was an outstanding beginning to my term of office. I am also honored to be following Professors Bruce Singh and Helen Chiu, my two immediate predecessors, as President of PRCP. I will do my best to continue the transformation of our organization that has been in progress for the last four years.

This is the most exciting time in history to be in the field of psychiatry, with advances in every facet of our profession. As we know, however, a variety of forces adversely affect our ability to ensure that all patients benefit from our increased knowledge and clinical base. As a leading psychiatric organization with a primary focus on education, we have an unparalleled opportunity to ensure that individuals in all the countries we serve have access to the highest quality, compassionate and expert care. At the Board of Directors meeting in Taipei, several initiatives were undertaken to enhance our ability to fulfill this mission.

The Board of Directors endorsed the establishment of a new journal, tentatively titled "The Journal of Asia-Pacific Psychiatry," which will be the first international journal focused on the needs of our region. We are working with an outstanding international publisher and collaborating with two other organizations, Asian Federations of Psychiatric Associations (AFPA) and South Asian Forum (SAF) to ensure that the journal has the widest possible readership. We are tentatively aiming for the first edition to be published during the first quarter of 2008. We are presently searching for an outstanding senior academician to serve as the founding editor, and any recommendations you may have would be welcomed. Please feel free to contact me with your thoughts.

Over the last several months, stimulated by the theme of our congress in Taipei, and discussions with past President Helen Chiu, I have been working on the development of a global suicide prevention project. The aim is to make available state-of-the-art information to mental health and primary care clinicians to help reduce the growth in the suicide rate. As you know, this is a particular problem in many parts of Asia. I have

conceptualized this project as a collaboration between the PRCP, the World Psychiatric Association, and the World Health Organization. Requests for funding this project have been submitted and I look forward to providing you with good news about the outcome of our requests in the coming months. I once again would welcome your recommendations about individuals with specific interests and expertise in this area to work with PRCP on this project.

The Board of Directors in Taipei established new categories of membership, which will allow us to provide the appropriate place in our organization for psychiatrists at all phases of their professional careers. The last several years have been a period of substantial membership growth for our organization and we look forward to continuing this trend. We feel confident that our organization provides an outstanding forum for international collaboration on all aspects of our work, including research, clinical care, and service development and education, and our new membership approach should help foster our growth.

Continued page 2





EDITOR'S REPORT

Dear Colleagues, this edition marks my last time as editor of the Newsletter. I have been very proud to be the Newsletter editor since the scientific meeting in Melbourne in 2001. Since then 15 Newsletters have been published covering the period including the two further scientific meetings in Hong Kong in 2004 and Taipei in 2006. I hope the newsletters have been informative and have provided

some ongoing tangible benefit for the College. A number of initiatives were introduced into the Newsletter over this period – some worked better than others. All required the commitment and the contributions of PRCP members and staff and for this help I am very grateful. This edition of the Newsletter reports on news from the recent Taipei meeting and focuses of the future of the PRCP with reports from the new President, Prof Allan Tasman, and the incoming Secretary-General, Assoc Prof Chee Ng. I am very pleased to announce that the Newsletter will be

placed in good hands for the future. Dr Tsuyoshi Akiyama of Japan will be taking over as editor from the beginning of 2007. I wish Dr Akiyama, Fiona Kelly and all the PRCP Newsletter team the very best for the future. I am fortunate to have been able to keep active with the PRCP as I continue my involvement now as a Board Member of the College. With best wishes for Christmas, the holiday season and the New Year.

Phillip Morris.

Continued from page 1

We also expanded the size of our Board to provide greater leadership opportunities and to allow more individuals to participate in the important work of the PRCP. We wish a fond farewell to several long-time Board Members, who have served the association for many years, but we also welcome those new to the Board and know that they will be outstanding contributors. This issue of the newsletter has articles which provide well-deserved recognition for our departing Board Members.

Work has already begun on our next congress, to be held in Tokyo, Japan, on 30 Oct-2 Nov 2008. Professor Fumitaka Noda, Chair of the Organizing Committee and our PRCP President-Elect, is ably assisted by an outstanding group of members on the Organizing Committee. Work is well underway to ensure that our Tokyo meeting is the best ever. It is not too early to begin to

make plans and publicize our meeting to colleagues.

Finally, a warm vote of thanks to Phillip Morris, who, with this issue of the newsletter, concludes his service as Newsletter Editor. Phillip has done an outstanding job and I look forward to welcoming Phillip in his new role as a member of the PRCP Board. Phillip will be ably succeeded by Tsuyoshi Akiyama. Dr. Akiyama and I have had a number of conversations about how we can build on the excellent work Phillip has done and make the newsletter even more valuable to our members.

Please feel free to contact me with your thoughts and ideas about how we can continue to make the PRCP an even more valuable resource to the profession of psychiatry and the patients that we serve.

With warm wishes for a peaceful and productive coming new year,

Allan Tasman, M.D.



Organising Committee 12th PRCP Scientific Meeting



Dr Philip Morris, Dr Tsuyoshi Akiyama and Fiona Kelly

SECRETARY-GENERAL'S REPORT

It is indeed an honour and privilege for me to be elected to the position of Secretary-General of PRCP recently and to write my inaugural report. I take this opportunity on behalf of PRCP to express sincere thanks and gratitude to our immediate-past Secretary-General, A/Prof Eng-Seong Tan who solidly and reliably filled this role for the last seven years during an important transition phase for the organisation. I hope to continue in his steps and to provide strong support for the Secretariat and other necessary roles. I am delighted that he will continue to be actively involved and provide advice from his vast experience.

Ably organised by Prof Lee Ming-Been and his hardworking team, the college recently convened the 12th PRCP Scientific Meeting in Taipei. It was a wonderful event which combined scientific excellence and cultural exchange within the busy hub of the modern city. From the multimedia preview presented by Prof Fumitaka Noda, Chair of the PRCP 13th Scientific Meeting 2008 in Tokyo, Japan, our next meeting promises to be another successful conference which all members are looking forward to.

At the recent Board of Directors Meeting, the following officers of the Board have been instated.

President, Prof Allan Tasman, USA
President Elect, Prof Fumitaka Noda, Japan
Vice President, Prof Zeping Xiao, China
Vice President, Prof Ee Heok Kua, Singapore
Treasurer, Prof Francis Lu, USA
Secretary General, Assoc Prof Chee Ng, Australia



Newsletter editor Dr Tsuyoshi Akiyama, Japan

Board of Directors

Prof Shimpei Inoue	Japan
Prof Kyu Hang Lee	Korea
Prof Sung Kil Min	Korea
Prof Yoshibumi Nakane	Japan
Prof Bruce Singh	Australia
Prof Helen Chiu	Hong Kong
Prof Ming Been Lee	Taiwan
Prof Pichet Udomratn	Thailand
Prof Michelle Riba	USA
Prof Li Ling-Jiang	China
Dr Philip Morris	Australia
Assoc Prof Paul Leong	USA

The Board of Directors formally thank the officers who have stepped down for their contribution: Prof Judith Gold of Australia, Prof Christopher Chung of USA, Prof Edmond Pi of USA and Assoc Prof Eng Seong Tan of Australia as the Secretary General.

The new membership categories have also been confirmed taking effect from 2007. They are Distinguished Fellows, Fellows, Members, Emeritus Fellows. The definitions of these categories are found on the website www.prcp.org and further information is available from the Secretariat.

**Associate Professor
Chee Ng**



**Prof Ee Heok Kua, Assoc Prof Eng
Seong Tan and Prof Allan Tasman**

SPECIAL RECOGNITION OF CONTRIBUTION TO THE PRCP

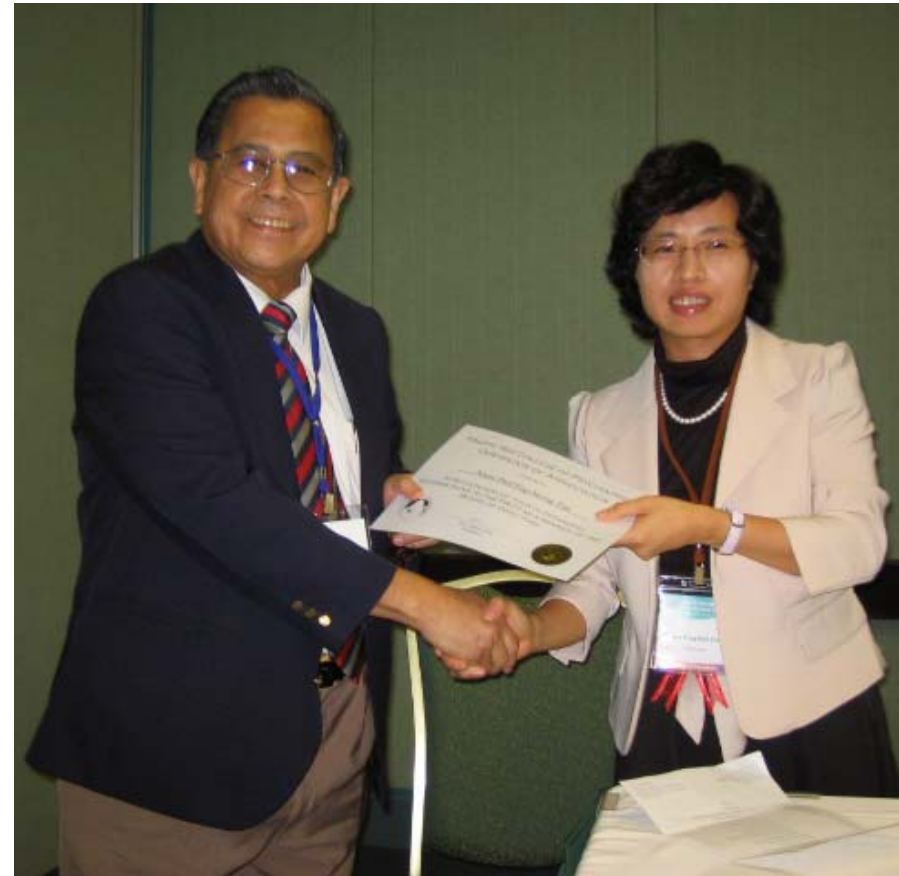
Assoc Prof Eng Seong Tan was born in Penang Malaysia and is an Australian Citizen who resides in Melbourne, Victoria. Eng-Seong completed his studies at the Faculty of Medicine, University of Malaya, Singapore, the Institute of Psychiatry, University of

Psychiatry from 1959-1962 and the World Health Organisation travelling Fellowship to study in Britain, USA and Denmark from 1967-1968. Eng-Seong currently works at the St Vincent's Mental Health Service in Melbourne where he contributes to teaching

In January 2000 Eng-Seong joined the Pacific Rim College of Psychiatrists as a fellow and was elected to the Board of Directors as Secretary General and assisted in the relocation of the secretariat from the USA to Melbourne Australia. Eng-Seong was instrumental in elevating the PRCP to the level it is today. During my term as President from 2001-2004 Eng-Seong was supportive and contributed largely to the success of the PRCP 2001 Scientific Meeting in Melbourne Australia. Eng-Seong has directed the secretariat efficiently for 7 years ably assisted initially by Alis Gordon and now Fiona Kelly.

At the recent 12th PRCP Scientific Meeting in Taipei Taiwan Eng-Seong was awarded a certificate of appreciation for his contributions to the PRCP. I would personally like to thank Eng-Seong for his generosity and contributions to the PRCP over many years. We look forward to Eng-Seong's continued involvement with the PRCP and wish Eng-Seong, his wife Shirley, his four children and many grandchildren all the very best in the future.

Prof Bruce Singh



London and at Harvard University, Massachusetts Mental Health Centre, Boston USA. He was awarded the Malayan Government Postgraduate Study Award for

and clinical care. He holds an honorary Assoc Prof position in the Department of Psychiatry at the University of Melbourne.



Left: Shirley and Eng-Seong Tan, Dr Philip Morris, Prof Ming Been Lee and Mrs Lee

IMMEDIATE PAST PRESIDENTS REPORT

PROF HELEN CHIU

It has been a great privilege and honour for me to lead the PRCP in the last 2 years. Looking back, I am pleased to see that it has been a period of growth for our organization. Membership has grown significantly, and in particular, we have 20 new members from China, and a number of young psychiatrists have joined PRCP. Financially, our status has become much more stable with the surplus generated from the PRCP meeting in Hong Kong in 2004. There are also a lot of activities in our organization, e.g. the recent successful meeting in Taiwan, setting up the PRCP Research Awards and Travel Awards. I am very impressed by the high standard of the submissions for the Research Awards, and this is a good sign that young psychiatrists in this region are getting involved in solid research. Plans to establish a journal is also underway. So, at the end of my term of Presidency, I am very pleased that our College is poised at a stage for further expansion and developments, and we have the capacity to do more for our



region. I am also very pleased to pass the banner to Prof. Allan Tasman, and I am confident that he will lead our College to new heights.

Here, on behalf of PRCP, I would like to express our deep appreciation of the contributions of four of our retiring Board members. A/Prof Eng-Seong Tan has served as Secretary-General of PRCP in a period of transition of the Secretariat from N America to Australia, and he has been instrumental in keeping our organization in good shape. As Eng-Seong will be acknowledged in another article in this Newsletter, I would not dwell on his numerous contributions.

Prof. Edmond Pi has been centrally involved in PRCP since the inauguration of our College. He served as the chairperson of the very successful 5th Pacific Rim College of Psychiatrists Scientific meeting in 1991, and as our Treasurer from 1991 to 1997. He was a member of the Board of Directors from 1997 to 2006. As an outstanding clinician, educator and researcher, Prof Pi has made major contributions to PRCP over the last 15 years, and has helped the Board to steer our organization on the right path. Prof Christopher Chung has served as a Board member in PRCP for 10 years. He was involved in organizing the PRCP

Scientific meeting in Korea. He has also served as the Editor of our Newsletter in the past and as the Chair of the Membership Committee.

Last but not least, I would like to acknowledge Dr. Judith Gold's contributions to PRCP. Apart from her contribution as a Board member, she has initiated to set up a Psychotherapy Interest Group in PRCP, and to set up various symposia on psychotherapy in some of the PRCP meetings. This is very important to stimulate interest in this area in our region, as psychotherapy is a relatively neglected area in Asia.

I would like to thank our 4 outgoing Board members on behalf of our College, as well as extend a personal gratitude to them for their support and encouragement to me during my Presidency. In addition, I would like to thank Prof. Bruce Singh, my predecessor, for his advice and constant support to me. I would like to end by thanking all the Members and Fellows of our College for your patience and support. You have helped to make the 2 years of my Presidency the most memorable and valuable experience in my life.

Prof Helen Chiu



PRESIDENT ELECT REPORT

FUMITAKA NODA, M.D.

It was a great honor to be elected as a president elect of PRCP at the Taipei PRCP meeting in 2006. However, I never thought in my previous life that I would assume such a big role. When I took over the position on the board of directors in 2004 at the Hong Kong meeting from Professor Masashi Nishizono, one of the founders of PRCP, I just hoped that I could contribute to PRCP as a Japanese board member by consolidating ties between Asian countries.

Over the last few years, Asia has experienced a lot of disasters such as the epidemic of SARS and bird flu and the Indian Ocean earthquake and tsunami. As a representing body of mental health in the Asian region, the presence of PRCP should be very important. I believe that strong ties between Pacific Rim countries were crucial in taking action in times of those disasters. I was truly impressed by the active leadership of Professor Helen Chiu, the past president, in the aftermath of the Indian Ocean earthquake and tsunami.

When I was requested by my respectful seniors, Professor Chiu and Professor Tasman, the present president, to organize the 2008 PRCP scientific

meeting in Japan and was eventually chosen as a convener of the meeting, I was almost overwhelmed by the pressure of the great responsibility. However, following the way of Zen Buddhism, I told myself that it was my destiny and that I should decently accept my role.

Although I don't know how much I can contribute to helping Professor Tasman in the coming two years as a president-elect, I will do my best to make PRCP more active and useful for people in the Pacific Rim regions.

I also would like to cordially invite the members of PRCP to the scientific meeting in Tokyo which will be held from October 30 to November 2 in 2008. The main theme of this meeting is 'Recent Change of Pacific Rim Psychiatry: Evolution of Multicultural and Multidisciplinary Mental Health'. <http://prcp2008.org/>

Under this theme, you will enjoy fruitful academic discussions and personal exchanges. You will also be welcomed by mountains adorned with fall colors. I am eagerly awaiting you in the fall of 2008 in Japan.

Prof Fumitaka Noda



Prof Noda, Prof Lee and Prof Nakane

FINANCE

QUARTER 1, 2006-2007

NAB Bank Account	Australian \$
Balance 30/06/2006	\$161,343.47
INCOME	
Subscriptions	\$1,260.00
Research Award USD \$3500.00	\$4,536.04
Sub Total	\$167,139.51
EXPENDITURE	
Salaries/Infrastructure	\$7,799.84
Website	\$308.00
Bank Charges	\$182.16
Postal	\$78.00
Travel Secretary General to APHMNE Meeting Perth Australia	\$999.00
Printing	\$181.74
Scientific Meeting	\$2784.93
Balance 30/09/06	\$154,805.84

12TH PRCP SCIENTIFIC MEETING TAIPEI, TAIWAN

Final Report from Organizing Committee of PRCP

The 12th PRCP Scientific Meeting was closed on 8th of October, at Taipei International Convention Center (TICC), Taipei Taiwan. With 232 attendees (98 international; 134 local), we believe this marked a major success for psychiatry research development in the Pacific Rim region. Furthermore, after 24 years since the first Scientific Meeting was held in Grand Hotel Taipei in 1982, we felt privileged to have hosted the meeting again. The presence of the chairman of the 1982 meeting, Dr. Chti-chang Chen also gave us tremendous honor and encouragement.

Regarding the Scientific Program, 170 abstracts have been published in the conference.

There were 117 oral presentations and 53 poster presentations. The included 4 plenary speeches by Prof. Caine from USA, Prof. Nishizono from Japan, Prof. Tasman from USA, and Prof. Belfer from USA. This year's theme "From Suicide Prevention to Mental Health Promotion" attracted numerous contributions that we arranged 27 break-out sessions to cover all related subjects: suicide, mental health promotion and challenges, schizophrenia, mood disorders, dementia, and more.

Concerning the finance, we closed the event with NT\$ 5,714,241 in revenue, NT\$5,648,193 for expense, and a net profit of NT\$66,048 (approximately US\$1,971). The

organizing committee has decided to donate US\$1,000 to PRCP.

It has been a long but enlightening experience in preparation for the 12th PRCP Scientific Meeting. We look forward to the success of the 13th PRCP Meeting under the leadership of PRCP President, Prof. Tasman and Conference Chairman, Prof. Noda. Finally, we would like to sincerely thank every individual who took part in this conference. Without their effort, we would not have made this major event possible.

**Ming-Been Lee
Yuan-Hwa Chou**



Taipei



Prof Lee, Dr Morris and Prof Chung



PRCP Travel Award recipients



Gala Dinner



Poster Display



PRCP Research Awards recipients
with Prof Helen Chiu

**APPLICATION FORM
FOR MEMBERSHIP OF THE
PACIFIC RIM COLLEGE OF PSYCHIATRISTS**

INSERT PHOTO

Please return to:
PRCP Secretariat
University of Melbourne Department of Psychiatry, 1 North, Level 1 Main Block
Royal Melbourne Hospital, Victoria, Australia 3050
Ph: +61 3 8344 5509, Fax: +613 9347 3457, E-mail: info@prcp.org

DATE: _____

TITLE: _____ FIRST NAME: _____ LAST NAME: _____

DATE OF BIRTH: _____ COUNTRY: _____ SEX: _____

MEDICAL SCHOOL GRADUATED FROM: _____

YEAR OF GRADUATION: _____

POST GRADUATE (OR RESIDENCY) TRAINING RECEIVED AT: _____

FROM: _____ TO: _____

ARE YOU A MEMBER OF A NATIONAL PSYCHIATRY ORGANISATION? (PLEASE SPECIFY)

SPECIALIST BOARD: DATE RECEIVED: _____

PSYCHIATRY _____

NEUROLOGY _____

OTHER (PLEASE SPECIFY) _____

CURRENT INTERESTS:

CLINICAL _____

TEACHING _____

RESEARCH _____

CROSS CULTURAL _____

CURRENT POSITION _____

MAILING ADDRESS _____

HOME PHONE: _____ OFFICE PHONE: _____

FAX: _____ E-MAIL: _____

PLEASE ATTACH CURRICULUM VITAE (abbreviated version acceptable) AND ONE PASSPORT PHOTOGRAPH.

SIGNATURE **X** _____

PRCP recognizes the World Bank Economic Categories. Please see the PRCP website for details: www.prcp.org/members.html

Category A - Fellow AUD\$150, Member AUD\$100

Category B - Fellow AUD\$100, Member AUD\$75

Category C - Fellow AUD\$75, Member AUD\$50

Category D - Fellow AUD\$40, Member AUD\$25